



Arcadia Pony Club Inc.

ABN: 91 986 864 820

New Members Information

CLUB INFORMATION

Postal Address is
P.O Box 99,
Galston NSW 2159

Club Grounds are
Rural Sports Facility
Cnr Bayfield and Mansfield Road
Galston

PONY CLUB STRUCTURE

Pony Club NSW divides clubs into Zones. A number of Zones join together to form an Area. Our Pony Club is part of Zone 23, which is part of Area One. In Zone 23 there are five (5) pony clubs. They include: Arcadia, Avondale, Dural, and Forest Hills. Both the Club and the Zone have a President, Secretary, Treasurer and Senior Instructor.

FEES

Club Administration Fee \$190.00 for the first Rider plus \$90.00 for each subsequent Rider
\$140.00 for Associates (riders 17 and under 25 years)
\$100 for Senior Associates (riders over 25 years)
\$40.00 for Non-Riding members

(These fees provide facilities for members and contribute to club costs such as rent to Council)

INSURANCE FEES (Pony Club Association of NSW)

All Riding Members \$76.50 each (Compulsory)
Non-Riding Members \$40.00 each (Not compulsory)

(Volunteers are covered under PCA volunteers insurance)

Arcadia Pony Club encourages all members under 17 years to also join with a Parent/Guardian as a member. This Parent/Guardian must be on the grounds at all times when the Junior members are in attendance. Voting rights are one vote each per Associate (17 years and above) and Senior financial member (a member of the club over 25 years of age). The AGM is held in December each year.

ACTIVE KIDS PROGRAM

From January 2020, the NSW Government will provide \$100 through a voucher system for parents/guardians/carers to contribute to the cost of their children's participation in sport and active recreation.

The voucher can be redeemed towards payment of membership or fees with an approved provider registered with the Active Kids program, each calendar year.

Please see website for more information - <https://sport.nsw.gov.au/sectordevelopment/activekids>

UNIFORM

Rally Day Uniform - (Informal Uniform)

Beige/Fawn jodhpurs – available at Saddleries

Arcadia Pony Club Polo Shirt - available from Arcadia Pony Club Uniform shop

Arcadia Pony Club saddlecloth – available from Arcadia Pony Club Uniform shop

Black Riding Gloves

A well-fitting approved riding helmet

2017 Helmet Standards Pony Club NSW

Helmet Code	Marking Required	Approved by PCANSW 
AS/NZS3838	 SAI GLOBAL	
ARB HS 2012	 SAI GLOBAL	
ASTM F1163		
SNELL E2001		
PAS 015 (1998 or 2011)		
VG1		
EN/1384 (manufactured prior to 2016)	n/a	
EN/1384 (manufactured in 2016 or onwards)	n/a	
<i>PCANSW recommends that riders upgrade their riding helmet every 5 years, or after any fall or damage to the helmet. This is a recommendation, however is not enforced.</i>		

Additional Uniform Information

Slip covers on helmets coloured brown, black or in Club or in Zone colours are permitted. These slip/helmet covers should only be segments of solid colour with no designs, pictures, monogram, bling etc. permitted.

The use of approved Body Protectors for all disciplines is permitted. They may be worn over or under Pony Club uniform with preference to wearing under the shirt or jumper. Back numbers must be worn on the outside.

The only jewellery permitted to be worn by riders when mounted are one stud per ear not exceeding 5mm in diameter and wristwatches (medical alerts are permitted). If gloves are not worn then the only ring to be worn is one flat band (i.e. wedding) ring which must be taped.

Riders under 17 years have the option of wearing correctly fitted short Jodhpur boots defined as "elastic sided, reasonably smooth, fully soled and uppers that may incorporate a zipper but no laces or buckles". Or, correctly fitted short Jodhpur boots and correctly fitted gaiters which must be made of solid leather and be full grain leather on the exposed side and the same colour as the boots.

Gaiters will not be permitted for riders under 17 years of age where a particular competition has a rule preventing junior riders from wearing gaiters.

Riders under 17 years are not permitted to wear gaiters at the State Show Riding Championship.

Riders are permitted to wear correctly fitted Roper or Dogger type boots with riding trousers for Sporting and Camp drafting. All riders have the option of wearing short or long boots.

Riders 17 years and over, are permitted to wear correctly fitted short lace up type riding boots under correctly fitted leather gaiters.

Correctly fitted Chapettes are permitted to be worn by riders at Pony Club Rally (Instruction) days but not in any competition. Chapettes to be below the knee, plain in colour and may not have fringes. Solid leather gaiters of the same colour as the Jodhpur boot may be worn wherever long boots are permitted.

Riders who wish to do so may wear medical arm bands at any Pony Club fixture. It is also recommended that riders with particular medical problems are encouraged to wear medical arm bands.

Prescription spectacles or Australian Standards(AS1337) safety sunglasses are the only spectacles or glasses to be worn whilst riding.

The carrying of mobile phones whilst under instruction or competing is not permitted.

Competition Uniform - (Formal Uniform)

Beige/Fawn jodhpurs – available at Saddleries
White long-sleeved cotton shirt
Red and Black tie – available from Arcadia Pony Club Uniform shop
Red woollen jumper or vest – available from Arcadia Pony Club Uniform shop
Club saddlecloth – available from Arcadia Pony Club Uniform shop
A well-fitting approved riding helmet (as per chart)
Black Riding Gloves

Zone 23 Uniform

Beige/Fawn jodhpurs
White long-sleeved shirt
Red Zone 23 tie
Red Zone 23 saddlecloth
A well-fitting approved riding helmet (as per chart)
Black Riding Gloves
You may be able to get some items second hand through the club.
Check zone website for details- <http://www.zone23.com.au/uniform.html>

What to wear when?

Closed Competitions	Formal Uniform
Zone Competitions	Formal Uniform (except Mounted Games and Polocrosse)
Regional Schools	Formal Uniform
State competitions	Zone Uniform (except Mounted Games, Polocrosse & Team Sporting)

RALLY DAYS

When are they held?

Pony Club Rally Days are usually held on the 1st, 3rd & sometimes the 5th Sunday of every month.

Who Can Come to Rally Days?

Only Pony Club riding members are permitted to ride at Rally Days (senior riding members over 25 years) are only permitted to ride with the Senior instructor's approval for instruction or demonstration only).

Riders are also not permitted to ride others members' horses at the Rally Day without the prior permission of the horse owners, parents and Senior Instructor.

Visitors, including Grandparents, are invited to attend and watch at Rally Days. However, everyone must sign the visitors/volunteer book of the Pony Club canteen. A responsible adult must accompany each child on the Rally Day.

Uniform Shop

The Uniform Shop is open at the Canteen each Rally Day.

How A Rally Day Is Run?

Generally, two sessions are held in the morning with a break for lunch around 12. You will then resume riding for one or two afternoon sessions around 1:00pm. These are indicative times and can vary on the day.

All parents and riders are asked to assist with setting up and packing up equipment, show jumps etc, at the Rally Days.

What happens on a Rally Day?

There are lots of different activities that you may participate in at a Rally Day including showjumping, dressage, cross country, troop drill, mounted games, sporting, polocrosse, horse care and theory.

Riders must present themselves for gear check at the beginning of the day.

Once gear checked they then have the chance to warm up in the allocated areas. (No cantering allowed). At around 9am they will be called to form troop lines.

After troop drill, the Senior instructor will organize riders into groups for their first session.

Size and composition of groups depends on many factors including – which members are present, which Instructors are available, and what activities are organized. Generally, riders of similar ability and/or age are grouped together.

Wet Weather Policy

Rally Days will usually go ahead with theory work if mounted activities are impractical. If in doubt please contact the Senior Instructor - their contact details are on the website. If the Rally Day is cancelled, an email will be sent out to all members. Also check our Facebook page for updates.

What the Rider Should Wear

Beige/Fawn Jodhpurs

Club Polo Shirt (Informal uniform)

A well-fitting approved helmet (as per the chart)

Reasonably smooth soled, elastic sided riding boots, which meet the requirements in the Handbook.

What You Should Bring

Food for your horse, buckets for water, secure headstall and lead rope, and a rug in winter. Tack should meet Pony Club criteria, be well fitting and in good condition. You may need to check the suitability of your equipment (especially bits) before coming to the Rally Day.

Meals

There is a canteen and BBQ run every Rally Day providing cooked food for lunch at a very reasonable cost, as well as tea, coffee and drinks. All members need to help out in the canteen and BBQ during the year.

Parking

Car parking and car/horse float parking is provided at the Pony Club grounds. Horse stalls are available, but must be cleaned at the end of each Rally Day.

Competitions

During the year there will be various competitions held which members can attend.

Riders must have attended three Rally Days in the preceding twelve months. Unmounted attendance will be considered but only if the member has been present for the majority of the day and assisted in some capacity or taken part in instruction.

For new members this rule may be waived at the discretion of the Senior Instructor. Other criteria must still be fulfilled and evidence of outside performances may be asked for.

Riders must have attended at least one Rally Day on the horse entered and to have been appropriately graded and assessed as a suitable combination.

The horse must be owned or leased by the rider or another member of their Pony Club.

A new horse must be a genuine new mount for the rider or replacing an injured or ill horse temporarily. A vet certificate may be asked for as proof of illness or injury. Simply bringing along a horse because it will perform better at that particular event will not be allowed.

Associates and other long-standing members of Pony Club who have always been regular attendees may apply to the Senior Instructor for an exemption in writing if work or other circumstances have made it difficult to meet all criteria.

All applications for exemptions must be in writing to the Senior Instructor.

There are three types of Pony Club competitions: Closed, Zone and State Event

A **Closed Event** is only open to the members of the club that is hosting it. These include; Showjumping, Equitation, Dressage, Eventing, Combines Training and Sporting. These are a chance to practice your skills.

A **Zone Event** is open to members of the whole Zone and is often invitational meaning that members of invited zones may attend as well. All members of the club hosting the event need to help out on the day even if their children are not competing.

A **State Event** is only open to members that qualify in the corresponding Zone Event

and be selected and signed off by the Zone Chief Instructor before they can attend. These events are often held in country towns and have a high quality of competition.

Workers/Volunteers

As you can well appreciate Pony Clubs are only successful with the assistance of the parents of the riders. We would all love to sit at each Rally Day and simply watch our own child. Unfortunately, if everyone in the club took this stance, especially our instructors, nothing would be done and none of the children would get to ride. Therefore, it is particularly important that every parent of every rider pitches in, every Rally Day and does their bit to assist in the running of the Pony Club. Rally day jobs include;

- ✓ Helping in the canteen
- ✓ Cooking on the BBQ
- ✓ Assisting to put out equipment
- ✓ Putting equipment away
- ✓ Packing up the club house after lunch
- ✓ Assisting Instructors especially with activities like sporting (putting flags out, timekeeping) and showjumping (picking up poles when they are knocked down)

Conduct of Riders

Pony Club is a youth organization therefore policies of:

- No Alcohol
- No Smoking
- No Swearing

apply to adults and children. Please visit www.pcansw.org.au to view these policies.

When Mounted

Please arrive on time. Late arrivals are disruptive and may result in being left out of a session.

Be considerate of each other and especially of less experienced and younger riders when riding near them.

Walk at all times unless specifically advised otherwise by an Instructor.

You may not leave a lesson without asking permission from the Instructor.

The Instructor appreciates it if you thank them at the end of the lesson.

You must only ride where and when advised by an Instructor and definitely not around the canteen or the car parks.

When Unmounted

Horses are easily spooked and everyone who comes to Pony Club needs to be sensible around horses.

Small children should be supervised at all times and are not to sit/climb on any of the railings or jumping equipment.

Dogs must be on a leash at all times and not left unsupervised.

If a parent wishes to discuss an aspect of a lesson with an Instructor, please wait until the end of the lesson.

Children should be courteous and co-operative and be keen to learn and have fun. Parents should remember that Pony Club operates for the benefit of the children.

Pony Club Rules

Safety of horse and rider is paramount at Pony Club. Hence there are strict rules governing most aspects of membership. These rules are designed to prevent accidents and injuries.

It is in your interests to acquaint yourself with the rules as soon as possible. If in doubt, please ask a Committee Member or refer to the "Blue Book" (available on the Pony Club Association of NSW website www.pcansw.org.au).

Communication

The Club has a Facebook page, which keeps members, informed of club activities, dates of Rally Days and all relevant club news. Space is also available if parents wish to advertise to buy/sell ponies, equipment etc. We would also love for you to write reports of events that you went to and send them to our Publicity Officer, Jo Cepak at JMorgan@maple-brownabbott.com.au

The Clubs website is updated regularly. It contains Newsletter items and valuable information including, the names and phone numbers of the Committee and other members, changes to this year's calendar and any additional new dates.

The Website is also used to tell you of up and coming working bees and changes that you need to know about. It also has the results of recent events.

Awards/Point Score System

Arcadia holds its Annual General Meeting at the end of every year in combination with its Awards Presentation Evening. The main purpose of the presentation night is to give out Perpetual and Individual trophies earned by riders during the year.

Many awards have been generously donated by dedicated present, past and founding members and are kept as a memorial to the club's traditions and history. All past and present achievements are also recorded on the website and kept on file.

The Senior and Junior Rider awards are determined on a point score system during the years for riders competing at Club, Zone and State level in all disciplines.

The Most Improved Senior and Junior Rider awards are contested by all active riders and determined by the Instructors observing the riders progress during the year.

The Ravenscroft Award is awarded to the member who has most contributed in way of service to the Club during the year. Ruth Ravenscroft was and active riding member of the club.

The Fairy Footsteps Award is awarded to the rider who is capable of competing in all disciplines. Winning is not paramount, participation and all-round ability is awarded. The trophy is donated by Anne Marie Church and is named after one of her ponies, which had great success in all pony club disciplines.

The Symphony Orchestra award is in memory of the wonderful grey mare of the same name. The award recognizes participation in pony club Rally Days, emphasizing horsemanship, care and respect by the rider towards their horse and a genuine interest by the rider in learning to improve their skills. It is not about winning ribbons but the quality of the partnership as a role model for other young riders.